St. Petersburg College is changing anti-virus software programs from Sophos to Microsoft Forefront for all Windows computers. Sophos for home use will no longer be available. Please uninstall Sophos from your home computer using the following instructions for either Windows XP or Windows 7. If you have Windows Vista, please follow the instructions for Windows 7.

Windows XP

To uninstall Sophos in Windows XP, the following two programs need to be unloaded:

Sophos Anti-Virus
Sophos AutoUpdate

1. Click the Windows Start Button and select Control Panel from the menu.

2. From within the Control Panel, select Add or Remove Programs.
3. Within Add or Remove Programs, select the program *Sophos Anti-Virus* and click *Remove*.

![Add or Remove Programs](image1)

4. Upon removing this program, you will be prompted to restart your computer. Click *Yes*.

![Sophos Anti-Virus](image2)

5. Repeat steps 1 and 2 to navigate to Add or Remove Programs. Select the remaining program *Sophos AutoUpdate* and click *Remove*.

![Add or Remove Programs](image3)
6. After uninstalling these two programs, the Sophos icon should no longer appear in the system tray located at the bottom right corner of your screen.

Windows 7

To uninstall Sophos in Windows 7, the following two programs need to be uninstalled:

Sophos Anti-Virus  
Sophos AutoUpdate

1. Click the Windows Start Button and select Control Panel from the menu.

2. From within the Control Panel, select Uninstall a Program located under the Programs category.
3. Select each program (Sophos Anti-Virus and Sophos AutoUpdate) individually and click *Uninstall*.

4. After uninstalling these two programs, the Sophos icon should no longer appear in the system tray located at the bottom right corner of your screen.