

**Course Syllabus  
Spring 2018 – 8W1**

**Course Title:** Substance Abuse and the Family  
**Course Prefix/Number:** HUS 4442  
**Credit Hours:** 3  
**Instructor:** Teri A. Trede PhD, MPH  
**Email:** [trede.teri@spcollege.edu](mailto:trede.teri@spcollege.edu)  
**Phone:** 727-302-6620; Please email within MyCourses for phone appointments – I do not want to miss your call  
**Office Location:** HEC 7400 66<sup>th</sup> St. N. Pinellas Park, FL; Room 206D  
**Office/Virtual Hours:** Tuesday/Wednesday 8:30 a.m. - 4:30 p.m. (please email for an appointment – I do not want to miss you!)  
**Instructor Web Page:** <http://www.spcollege.edu/instructors/id/1412>

**Program Administration**

<b>Interim Dean, Allied Health Sciences:</b>	Katherine Woods, MPH, Ph.D.,CRDH
<b>Administrative Services Specialist:</b>	Sandy Malkin
<b>Administrative Services Specialist Phone:</b>	727-341-3771
<b>Office Location:</b>	HEC 179

**Important Course Dates:**

- Last day to drop with a full refund: January 12, 2018
- Last day to withdraw with a “W”: February 8, 2018

**Students are responsible for all information in the course syllabus. Please print and save this syllabus for reference for this course and the final Capstone Experience.**

**Required Textbooks:**

1. Hart, C.L. & Ksir, C. (2014). *Drugs, Society, and Human Behavior* (16<sup>th</sup> ed.). New York:

McGraw-Hill. ISBN: 978-0-07-802864-9

**Required Materials (Required for all Students in This Course)**

Health Services Administration Style Guide 2017 – 2018. Available in MyCourses in the Course Resources module. It may be downloaded and saved for future reference.

**Attendance: Participation/attendance is determined by** participating in graded discussion forums and completing course assignments. Simply logging in does *not* constitute attendance. Attendance is recorded after Week 1 and Week 2; lack of participation during this time may result in an administrative drop (“W”) from the course. Attendance is also recorded at the 60% mark (immediately after the last date to withdraw with a “W”); completion of less than 60% of the course work may result in an administrative drop (“WF”).

**Holidays:** Holidays that occur during the course do not impact assignment due dates (See Course Snapshot); please plan ahead.

**Course Time Commitment:** This course is organized into 8 weekly Modules. Expect to spend **8-12 hours** of time per week for **each** course. This course is not self-paced, the course snapshot details important dates for each module/week.

**Assignments/Discussion Postings:** A variety of assignments, activities and/or discussion postings are due each week. All first original discussion postings are due before 11:59 p.m. Thursday, EST. All discussion replies and assignments are due before 11:59 p.m. Sunday, EST (unless otherwise specified on the course snapshot). Starting your discussion replies on Sunday night is not sufficient engagement in class discussions and will be graded accordingly.

**Contacting the Instructor:** The best way to contact me is via email within this course. If MyCourses is unavailable, please contact me using your @live.spcollege.edu. You may expect a response from me within 24-48 hours. Please do not send emails from your personal email accounts (Yahoo, Gmail, etc.) as they will be filtered to SPAM.

### **Course Description:**

Prerequisite: HSA 3104. This course offers a broad overview of the basic processes of substance use, abuse, addiction, treatment, and recovery. Students will examine the biological, psychological and societal forces that encourage the use, misuse, abuse and addiction to both licit and illicit substances. The course focuses on the major substances of abuse and their historical, social and legal impact on our society as well as their physical, psychological and social impact on individuals, families, and the community. 47 contact hours.

### **Major Learning Outcomes:**

1. The student will explain the basic pharmacology of common substances of use, misuse and abuse, and their effects on the human body.
2. The student will identify and describe various theories and models aimed at explaining the causes of substance abuse and dependence.
3. The student will explain health related issues associated with the use, misuse or abuse of a range of legal and illegal drugs and substances.
4. The student will develop an understanding of the behavioral, psychological, physical, and social effects of psychoactive and mood altering substances on individuals, families, and the community.
5. The student will explain the factors associated with the use of specific substances of abuse.
6. The student will develop an understanding of substance abuse prevention and treatments programs.

7. The student will develop an understanding of historical and current trends, policies and legislation related to commonly used and/or misused substances.

**Course Objectives Stated in Performance Terms:**

1. The student will explain the basic pharmacology of common substances of use, misuse and abuse, and their effects on the human body by:
  - a. identifying the major classifications of psychoactive substances and the primary effects of drugs within each classification.
  - b. comparing and contrasting the properties and characteristics of stimulants, depressants, and inhalants.
  - c. developing a basic knowledge of the functions of the human nervous system in relation to the physical and psychological effects caused by drug actions and interactions.
  - d. analyzing the differences between substances based on their physiological and behavioral effects.
2. The student will explain various theories and models aimed at explaining the causes of substance abuse and dependence by:
  - a. describing risk factors for substance use, including environmental influences, inherited factors, and brain chemistry.
  - b. assessing the disease concept of addiction.
  - c. identifying personal and societal norms and attitudes that influence drug use in society.
  - d. describing correlates and antecedents of drug use in relation to the risk factors and protective factors.
3. The student will explain health related issues associated with the use, misuse or abuse of a range of legal and illegal drugs and substances by:
  - a. examining the use, abuse and health consequences of psychoactive prescription drugs, over-the-counter medications, and other mood altering substances.
  - b. analyzing risks inherent in using and abusing illicit drugs.
  - c. differentiating between the concepts of tolerance, substance abuse and substance dependence.

- d. describing the most important adverse health consequences of smoking and the total annual smoking-attributable mortality in the U.S.
4. The student will develop an understanding of the behavioral, psychological, physical, and social effects of psychoactive and mood altering substances on individuals, families, and the community by:
  - a. describing the changes that occur with the use and abuse of chemicals.
  - b. explaining the “biopsychosocial” nature of addiction.
  - c. identifying the physiological effects of drugs and the general principles of drug addiction.
  - d. identifying and explaining risk factors associated with substance abuse and chemical dependence.
  - e. identifying and analyzing societal consequences of substance abuse and addiction.
  - f. identifying the impact of substance-related disorders on the individual and families.
  - g. differentiating between psychological and physiological dependency.
5. The student will explain the factors associated with the use of specific substances of abuse by:
  - a. discussing the extent of use of licit and illicit drugs within various populations in the United States.
  - b. outlining the cultural influences, including family, peers, and media, on the use of selected drugs.
  - c. identifying and explaining gender differences in patterns of substance abuse.
  - d. identifying substance abuse patterns related to race, income, education, and geographic location.
  - e. describing the relationship between certain illegal (i.e., crack, methamphetamine, ecstasy) drugs and crime.
  - f. outlining the history of use of stimulants to enhance performance.
6. The student will develop an understanding of substance abuse prevention and treatments programs by:
  - a. identifying the key elements to effective prevention programs.

- b. identifying and describing some examples of peer, family, and community approaches to prevention.
  - c. describing the influence of Alcoholics Anonymous on substance abuse treatment programs for alcohol and for other substances.
  - d. researching and explaining the principles of various treatment modalities and interventions used in treating substance abuse and dependency.
7. The student will develop an understanding of historical and current trends, policies and legislation related to commonly used and/or misused substances by:
- a. researching and describing recent and current trends in drug abuse in the United States.
  - b. outlining the history of attempts to regulate various drugs/substances of abuse and identify current federal, state, and local agencies and laws related to the regulation, prevention, and treatment of Alcohol, Tobacco, and Other Drug (ATOD) use.
  - c. researching and discussing controversial issues surrounding drug use and abuse laws and policies.
  - d. describing the history of anti-tobacco efforts and the tobacco companies' responses.
  - e. explaining the history and effectiveness of temperance and prohibition movements in the United States.
  - f. explaining the legal distinction between drugs and dietary supplements, particularly with regard to health-related claims.
  - g. debating the legal status of marijuana in the U.S. since 1937.
  - h. describing the development and current state of drug testing in sports.

**Criteria Performance Standard:**

Upon successful completion of this course the student will, with a minimum of 70% accuracy, demonstrate mastery of each of the above stated objectives through classroom measures developed by individual course instructors

**Academic Integrity:** All course work is expected to be the student's OWN work. Cheating and plagiarism will not be tolerated. Please remember that plagiarism also includes paraphrasing another's work without proper credit (citations). This includes "cutting and pasting" from Internet sources and the use of photos, figures, tables or clip art not classified as free ware. Please see SPC's Academic Honesty page, to learn more about how to avoid plagiarism: <http://www.spcollege.edu/academichonesty>

**Resubmission of Work:** Previously submitted course work may not be resubmitted for another class (self-plagiarism). Any plagiarism is reported to the Dean and Associate Provost.

**HSA Policy Regarding Quoted Material:** Rather than using quoted material, students are expected to paraphrase information in their own words to communicate facts as well as knowledge, thoughts, reactions, and reflections. Students will not receive a grade for quoted and/or cut and pasted material.

**HSA Late Policy:**

- **Late Assignments** (i.e.: Papers, PowerPoints, Projects, Worksheets, etc.). Assignments submitted within 24 hours of due date - worth 50% of their graded value (grade achieved, minus 50%). No credit is given beyond 24 hours of due date.
- **Late policy for Quizzes and Discussion Forums:** Quizzes may not be made up. Discussion postings may not be made up; posts made after the 11:59 p.m. EST Sunday deadline will not receive credit.
- **Late course work from Module 7 and Module 8 will NOT be accepted.**

**Course Grading:**

Letter Grade	Points Range
A	179 - 200
B	159 - 178
C	139 - 158
D	119 - 138
F	< 118

**Expectations of Professionalism:** Our expectations are high to prepare you for working in a leadership role and professional environment. Faculty and students are responsible for maintaining a positive learning environment. Students are expected to conduct themselves in a professional manner at all times.

**Student Survey of Instruction (SSI):** The survey is administered each semester, and is designed to improve the quality of instruction. All student responses are confidential and anonymous.

**Internet Caution:** HSA courses require use of the Internet. Please note that other Internet users may be able to access students' works whether the access is secured or unsecured. The College cannot protect against this or assure privacy.

**Learning Resources:** Learning Resources are available to all students either in person or online, at no cost. At the HSA Program home campus, the Health Education Center (HEC), students may contact the NIP Center at 727-341-3724. Please provide the name of your instructor, the course and specific assignment instructions. Have your assignment completed and ready for the learning resource specialist by **Thursday at 5PM** of the week in which the assignment is due. It is not the responsibility of the learning resource specialists to correct the

students' work, but rather, to help improve the students' writing skills and critical thinking abilities. The current learning resource specialists for the HSA program are:

- Suraj Wagh: [Wagh.Suraj@spcollege.edu](mailto:Wagh.Suraj@spcollege.edu)
- Lindsay Curry: [Curry.Lindsay@spcollege.edu](mailto:Curry.Lindsay@spcollege.edu)

**Computer Issues:** If you experience problems accessing the course or course materials online, posting assignments or any other hardware or software issues, please contact the Technical Support Desk at 727-341-4357 or email [onlinehelp@spcollege.edu](mailto:onlinehelp@spcollege.edu) available daily from 7:00 a.m. to midnight. It is your responsibility to contact your instructor immediately should a problem arise. Computer issues will not extend the due date for course work.

**Online Library:** To logon to the Online Library through the SPC homepage (<https://go.spcollege.edu/Libraries/>), use your Student ID number and the last 4 numbers of your Social Security Number.

- For library help you may contact the Health Education Center library for assistance.
- Joshua Brown, [brown.josh@spcollege.edu](mailto:brown.josh@spcollege.edu). (727) 341-3657

**Accommodations:** This course is designed to be accessible and usable by everyone. Be sure to let the instructor know immediately if you encounter a required element or resource in the course that is not accessible to you.

**Accessibility Services:** St. Petersburg College recognizes the importance of equal access for all students. Accessibility Services is the campus office that works with students who have disabilities to provide and/or arrange reasonable accommodations. Instructors may not grant accommodations without proper notification from this Office. Due to the nature of all health programs, including the Veterinary Technology Program, accommodations requested for labs and/or a clinical will be determined by a committee that includes the HEC Accessibility Coordinator, Academic Chair, Dean, and other professionals deemed appropriate and on a case-by-case bases. These requests must be made prior to the semester starting or the in the first few weeks. Students registered with Accessibility Services are encouraged to contact their instructors early in the semester. Students who have, or think they may have, a disability (e.g. learning disability, ADD/ADHD, psychiatric, medical/orthopedic, vision, and/or hearing), are invited to contact Accessibility Services for a confidential discussion at 727-341-3721 (V/TTY) or at [silvers.stefanie@spcollege.edu](mailto:silvers.stefanie@spcollege.edu). Additional information is available at the college-wide Accessibility Services website: <http://www.spcollege.edu/accessibility/>

**Please note:** Materials provided via MyCourses are copyrighted and for personal and educational use only during the course.

**Instructional Continuity Plan:** In the event of a natural disaster that affects the function of the college, this online course will continue as normal.

**Important Links:** Please see your MyCourses homepage (<http://mycourses.spcollege.edu>) to access important college resources/links.

<b>HUS 4442</b>		
<b>Substance Abuse and the Family</b>		
Module Topic Open/Close Dates	Discussion Posting Forums (points)	Assignments (points)/Readings
Module 1  Drug Use in Modern Society  January 8, 2018 – January 14, 2018	Course Introductions (0)  Module 1 Discussion Forum (5)  Current Literature Forum (5)	1. Review Syllabus, Snapshot, and Course Materials 2. See Assignment Readings in MyCourses (Course Content Link).
Module 2  How Drugs Work  January 15, 2018 – January 21, 2018	Module 2 Discussion Forum (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Group Presentation Announcements
Module 3  Uppers and Downers  January 22, 2018 – January 28, 2018	Module 3 Discussion Forum (5)  Current Literature Review Forum (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Quiz 1 [Chapters 1 - 8] (20)
Module 4  Alcohol  January 29, 2018 – February 4, 2018	Module 4 Discussion Forum (5)  Bar Exam Forum (5)  Movie Review Forum (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Movie Review/Reaction Paper (20)
Module 5  Familiar Drugs  February 5, 2018 – February 11, 2018	Module 5 Discussion Forum 1 (5)  Module 5 Discussion Forum 2 (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Quiz 2 [Chapters 9-12] (20)
Module 6  Restricted Drugs  February 12, 2018 – February 18, 2018	Module 6 Discussion Forum (5)  Current Literature Review Forum (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. <b>Important Note:</b> The Group Presentation for Module 7 is due on <b>Thursday</b> of Module 7 - <b>Plan Ahead!</b>



<p>Module 7 Prevention and Treatment</p> <p>February 19, 2018 – February 25, 2018</p> <p><b>*Check Week 8 Closing Dates – Week 8 is Short *</b></p>	<p>Module 7 Discussion Forum (5)</p> <p>Group Presentations Forum (5)</p> <p>NOTE: Presentation is due (posted on forum) on Wednesday of this Module – all responses are due Sunday.</p>	<ol style="list-style-type: none"> <li>1. See Assignment Readings in MyCourses (Course Content Link).</li> <li>2. Group Project (40) Posting Due on <b>Thursday</b> of this Module</li> <li>3. Peer evaluation (0) must be completed to earn grade for group project.</li> </ol>
<p>Module 8 Substance Abuse &amp; the Future</p> <p>February 23, 2018 – February 28, 2018</p> <p><b>*Short Week – Check Closing Dates*</b></p>	<p>Module 8 Discussion Forum (5)</p> <p>Course Summary Forum (5)</p>	<ol style="list-style-type: none"> <li>1. Assigned Readings <ol style="list-style-type: none"> <li>a. Find Applicable Readings</li> </ol> </li> <li>2. Quiz 3 (Chapters 13-18) (20)</li> </ol>
<p>Total Points 200</p>	<p>80</p>	<p>120</p>

**Important Course Dates:**

- Last day to drop with a full refund: January 12, 2018
- Last day to withdraw with a “W”: February 8, 2018

**Important Course Information:**

- Assignments and discussion replies are due before 11:59 p.m. Sunday, EST (or as stated on Snapshot).
- All first original discussion postings are due before 11:59 p.m. Thursday, EST.