

**Course Syllabus
Summer 2017**

Course Title: Substance Abuse and the Family
Course Prefix/Number: HUS 4442
Credit Hours: 3
Instructor: Teri A. Trede, PhD., MPH
Email: trede.teri@spcollege.edu
Phone: 727-302-6620 Please email within MyCourses for phone appointment
Office/Virtual Hours: **Tuesday/Wednesday/Thursday 8:00 a.m. - 4:00 p.m. (please email for an appointment – I do not want to miss you!); I frequently have meetings on and off campus**
Instructor Web Page: <http://www.spcollege.edu/instructors/id/1412>

Program Administration

Dean, College of Health Sciences:	Rebecca Ludwig, PhD
Administrative Services Specialist:	Sandy Malkin
Administrative Services Specialist Phone:	727-341-3771
Office Location:	HEC 179
Course Mentor:	Teri Trede, PhD, MPH
Course Mentor Email:	trede.teri@spcollege.edu

Important Course Dates:

- Last day to drop with a full refund: May 19, 2017
- Last day to withdraw with a “W”: June 15, 2017

Students are responsible for all information in the course syllabus. Please print and save this syllabus to have available for ease of reference. The syllabus is referenced in the Syllabus Module on the course homepage. You will be required to reference this syllabus during your final Capstone Experience.

Required Textbooks:

1. Hart, C.L. & Ksir, C. (2014). *Drugs, Society, and Human Behavior* (16th ed.). New York:

McGraw-Hill. ISBN: 978-0-07-802864-9

Required Materials (Required for all Students in This Course)

Health Services Administration Style Guide 2016 – 2017. Available in MyCourses. Enter your course then follow this path: Course Content > Resources > Course Resources > Style Guide. The Style Guide may be downloaded and saved (Available as a PDF) for future reference.

Attendance: For this class, **active participation/attendance is defined** as logging into the course *throughout* the week, participating in online discussion forums and completing and submitting required assignments, quizzes & posting forums by the posted due dates *each* week of the course. Thus, simply logging in does *not* constitute attendance. Please see the link to the “How to be a Successful Student” (<https://www.spcollege.edu/addendum/>) for additional details.

- **Holidays:** Because of the shortened nature of this course, holidays that occur during this course are not considered days off. All due dates are posted in the course snapshot. Please plan ahead for all religious and personal holidays so that your work is not considered late.

Course Time Commitment: This course is organized into 8 weekly Modules and requires your *active* participation. Expect to spend about **8-12 hours** of time per week for **each** course.

Course Meeting Times: This is an online, eight (8) week course; this course is not self-paced. Module/weekly pages will generally open at least by Monday morning at 8 a.m. ***Please check the course snapshot for complete details on beginning and ending dates of modules/weeks.*** Due to its shortened timeframe Module/week 8 may have different open and close dates.

Assignments/Discussion Postings: Each week you will be required to complete assignments, activities and/or discussion postings. All weekly assignments are due before 11:59 p.m. Sunday, EST or as stated in the course snapshot. Discussion posts should be made throughout the week. All first original discussion postings are due before 11:59 p.m. Thursday, EST. All discussion replies are due before 11:59 p.m. Sunday, EST. Please note that submitting all discussion post replies late on Sunday night is not sufficient engagement in class discussions and will be graded accordingly. All assignments must be submitted to the dropbox as an attachment.

Contacting the Instructor: The best way to contact me is via email within this course. If MyCourses is unavailable, please contact me using your @live.spcollege.edu at the address posted on page one. You may expect a response from me within 24-48 hours. Please do not send emails from your personal email accounts (Yahoo, Gmail, etc.) as they will be filtered to SPAM.

Course Description:

Prerequisite: HSA 3104. This course offers a broad overview of the basic processes of substance use, abuse, addiction, treatment, and recovery. Students will examine the biological, psychological and societal forces that encourage the use, misuse, abuse and addiction to both licit and illicit substances. The course focuses on the major substances of abuse and their historical, social and legal impact on our society as well as their physical, psychological and social impact on individuals, families, and the community. 47 contact hours.

Major Learning Outcomes:

1. The student will explain the basic pharmacology of common substances of use, misuse and abuse, and their effects on the human body.
2. The student will identify and describe various theories and models aimed at explaining the causes of substance abuse and dependence.

3. The student will explain health related issues associated with the use, misuse or abuse of a range of legal and illegal drugs and substances.
4. The student will develop an understanding of the behavioral, psychological, physical, and social effects of psychoactive and mood altering substances on individuals, families, and the community.
5. The student will explain the factors associated with the use of specific substances of abuse.
6. The student will develop an understanding of substance abuse prevention and treatments programs.
7. The student will develop an understanding of historical and current trends, policies and legislation related to commonly used and/or misused substances.

Course Objectives Stated in Performance Terms:

1. The student will explain the basic pharmacology of common substances of use, misuse and abuse, and their effects on the human body by:
 - a. identifying the major classifications of psychoactive substances and the primary effects of drugs within each classification.
 - b. comparing and contrasting the properties and characteristics of stimulants, depressants, and inhalants.
 - c. developing a basic knowledge of the functions of the human nervous system in relation to the physical and psychological effects caused by drug actions and interactions.
 - d. analyzing the differences between substances based on their physiological and behavioral effects.
2. The student will explain various theories and models aimed at explaining the causes of substance abuse and dependence by:
 - a. describing risk factors for substance use, including environmental influences, inherited factors, and brain chemistry.
 - b. assessing the disease concept of addiction.
 - c. identifying personal and societal norms and attitudes that influence drug use in society.
 - d. describing correlates and antecedents of drug use in relation to the risk factors and protective factors.

3. The student will explain health related issues associated with the use, misuse or abuse of a range of legal and illegal drugs and substances by:
 - a. examining the use, abuse and health consequences of psychoactive prescription drugs, over-the-counter medications, and other mood altering substances.
 - b. analyzing risks inherent in using and abusing illicit drugs.
 - c. differentiating between the concepts of tolerance, substance abuse and substance dependence.
 - d. describing the most important adverse health consequences of smoking and the total annual smoking-attributable mortality in the U.S.
4. The student will develop an understanding of the behavioral, psychological, physical, and social effects of psychoactive and mood altering substances on individuals, families, and the community by:
 - a. describing the changes that occur with the use and abuse of chemicals.
 - b. explaining the “biopsychosocial” nature of addiction.
 - c. identifying the physiological effects of drugs and the general principles of drug addiction.
 - d. identifying and explaining risk factors associated with substance abuse and chemical dependence.
 - e. identifying and analyzing societal consequences of substance abuse and addiction.
 - f. identifying the impact of substance-related disorders on the individual and families.
 - g. differentiating between psychological and physiological dependency.
5. The student will explain the factors associated with the use of specific substances of abuse by:
 - a. discussing the extent of use of licit and illicit drugs within various populations in the United States.
 - b. outlining the cultural influences, including family, peers, and media, on the use of selected drugs.
 - c. identifying and explaining gender differences in patterns of substance abuse.

- d. identifying substance abuse patterns related to race, income, education, and geographic location.
 - e. describing the relationship between certain illegal (i.e., crack, methamphetamine, ecstasy) drugs and crime.
 - f. outlining the history of use of stimulants to enhance performance.
6. The student will develop an understanding of substance abuse prevention and treatments programs by:
- a. identifying the key elements to effective prevention programs.
 - b. identifying and describing some examples of peer, family, and community approaches to prevention.
 - c. describing the influence of Alcoholics Anonymous on substance abuse treatment programs for alcohol and for other substances.
 - d. researching and explaining the principles of various treatment modalities and interventions used in treating substance abuse and dependency.
7. The student will develop an understanding of historical and current trends, policies and legislation related to commonly used and/or misused substances by:
- a. researching and describing recent and current trends in drug abuse in the United States.
 - b. outlining the history of attempts to regulate various drugs/substances of abuse and identify current federal, state, and local agencies and laws related to the regulation, prevention, and treatment of Alcohol, Tobacco, and Other Drug (ATOD) use.
 - c. researching and discussing controversial issues surrounding drug use and abuse laws and policies.
 - d. describing the history of anti-tobacco efforts and the tobacco companies' responses.
 - e. explaining the history and effectiveness of temperance and prohibition movements in the United States.
 - f. explaining the legal distinction between drugs and dietary supplements, particularly with regard to health-related claims.
 - g. debating the legal status of marijuana in the U.S. since 1937.
 - h. describing the development and current state of drug testing in sports.

Criteria Performance Standard:

Upon successful completion of this course the student will, with a minimum of 70% accuracy, demonstrate mastery of each of the above stated objectives through classroom measures developed by individual course instructors

Academic Integrity: All academic work submitted to satisfy course requirements is expected to be the student's OWN work. Cheating and plagiarism will not be tolerated. Please remember that plagiarism is not restricted to copying someone else's work, but also includes paraphrasing another's work without proper attribution. *This includes "cutting and pasting" from Internet sources and the use of photos, figures, tables or clip art that is not classified as free ware.* Please see SPC's **Academic Honesty page**, to learn more about how to avoid plagiarism: <http://www.spcollege.edu/academichonesty>

Resubmission of Work: All work submitted for grading in a course must be original to that course attempt. No previously submitted course work will be accepted for subsequent course attempts. Resubmission of work is considered self-plagiarism and is as serious as other forms of plagiarism. All forms of plagiarism are reported to the Associate Provost and Dean.

Health Services Administration Program/Course Policy Regarding Quoted Material

In the HSA program we expect students to demonstrate the ability to *integrate critical thought with a synthesis of the reading* done for assignments. This means the student should use *their own words* to communicate facts as well as knowledge, thoughts, reactions, and reflections. Any text taken directly from another source is not considered the student's work; it is a compilation of the words of others, and students will not receive a grade for quoted and/or cut and pasted material.

- Students are expected to understand and demonstrate appropriate paraphrasing, citations and references. (See the HSA Style Guide or Library Website)

Health Services Administration Department Late Policy – Please Read Carefully**A. Late Assignments** (Examples: Papers, PowerPoints, Projects, Worksheets, etc.):

- Assignments submitted within 24 hours of due date - worth 50% of their graded value (grade achieved, minus 50%).
- Failure to submit any assignment within 24 hours of the due date will result in a zero for the assignment. All due dates are listed in the Course Snapshot. No assignments will be accepted 24 hours beyond the due date.
- **Late course work from Module 7 and Module 8 will NOT be accepted past their stated due dates in the Course Snapshot.**

B. Late policy for Quizzes and Discussion Forums:

- Quizzes may not be made up; the due date is in Course Snapshot.

- Discussion postings made after the midnight Sunday deadline for any module will not receive credit and cannot be made up.

Course Grading:

Letter Grade	Points Range
A	198 – 220
B	176 – 197
C	154 – 175
D	132 – 153
F	< 131

Important Information to Remember: Faculty and students are responsible for maintaining a positive learning environment. As future health or human services professionals, students are expected to conduct themselves in a professional manner at all times.

Student Survey of Instruction: The student survey of instruction is administered in courses each semester. It is designed to improve the quality of instruction. Students are expected to complete the survey in each course. All student responses are confidential and anonymous and will be used solely for program and curriculum improvement.

Internet Caution: This course requires the use the Internet for some assignments and activities. Please note that other Internet users may be able to access students' works whether the access is secured or unsecured. The College cannot protect against the type of materials on the Internet, piracy of students' materials or assure the privacy of materials.

Student Resources

Learning Resources: Learning Resources are available at any campus to any student who desires help and direction with course work, either in person or online, at no cost. At the HSA Program home campus, the Health Education Center (HEC), students can contact the NIP Center at 727-341-3724. Please provide the name of your instructor, the course and specific assignment instructions. Have your assignment completed and ready for the learning resource specialist by **Thursday at 5PM** of the week in which the assignment is due. It is not the responsibility of the learning resource specialists to correct the students' work, but rather, to help improve the students' writing skills and critical thinking abilities. The current learning resource specialists for the HSA program are:

- Suraj Wagh: Wagh.Suraj@spcollege.edu
- Lindsay Curry: Curry.Lindsay@spcollege.edu

Computer Assistance: If you experience problems accessing the course online, accessing materials, posting assignments or any other hardware or software issues, please contact the Technical Support Desk at 727-341-4357 or email onlinehelp@spcollege.edu. The Technical Support Desk is staffed daily from 7:00 a.m. to midnight.

Computer Issues: Personal computer issues can happen from time to time. It is your responsibility to contact your instructor immediately should a problem arise. Computer issues will not extend the due date for assignments, discussions, or quizzes

Online Library: To logon to the Online Library through the SPC homepage, use your Student ID number and the last 4 numbers of your Social Security Number.

- For library help you may contact the Health Education Center library for assistance.
- Joshua Brown, brown.josh@spcollege.edu. (724) 341-3657
- Check here for the library's hours and location: <http://www.spcollege.edu/libraries/#tab=6>
- Ask A Librarian is available for 24/7 services <https://askalibrarian.org/>

Accommodations: This course is designed to be accessible and usable by everyone. Be sure to let the instructor know immediately if you encounter a required element or resource in the course that is not accessible to you.

Accessibility Services: St. Petersburg College recognizes the importance of equal access for all students. Accessibility Services is the campus office that works with students who have disabilities to provide and/or arrange reasonable accommodations. Instructors may not grant accommodations without proper notification from this Office. Due to the nature of all health programs, including the Veterinary Technology Program, accommodations requested for labs and/or a clinical will be determined by a committee that includes the HEC Accessibility Coordinator, Academic Chair, Dean, and other professionals deemed appropriate and on a case-by-case bases. These requests must be made prior to the semester starting or the in the first few weeks. Students registered with Accessibility Services are encouraged to contact their instructors early in the semester. Students who have, or think they may have, a disability (e.g. learning disability, ADD/ADHD, psychiatric, medical/orthopedic, vision, and/or hearing), are invited to contact Accessibility Services for a confidential discussion at 727-341-3721 (V/TTY) or at silvers.stefanie@spcollege.edu. Additional information is available at the college-wide Accessibility Services website: <http://www.spcollege.edu/accessibility/>

Please note: All materials provided via MyCourses is copyrighted, unless explicitly indicated otherwise. As such, materials are for personal, educational use only during the course of this semester and may not be reproduced or distributed.

Instructional Continuity Plan: In the event of a natural disaster that affects the function of the college, this online course will continue as normal.

Important Links

Please see your MyCourses homepage (<http://mycourses.spcollege.edu>) to access important college resources/links.

HUS 4442		
Substance Abuse and the Family		
Module Topic Open/Close Dates	Discussion Posting Forums (points)	Assignments (points)/Readings
Module 1 Drug Use in Modern Society May 15, 2017 – May 21, 2017	Course Introductions (0) Discussion Forum 1 (5) Current Literature Forum (5)	1. Review Syllabus, Snapshot, and Course Materials 2. See Assignment Readings in MyCourses (Course Content Link).
Module 2 How Drugs Work May 22, 2017 – May 28, 2017	Discussion Forum 1 (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Interventions Reaction Paper & Rubric (20) 3. Group Presentation Announcements
Module 3 Uppers and Downers May 29, 2017 – June 4, 2017	Discussion Forum 1 (5) Current Literature Review Forum (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Quiz 1 [Chapters 1 - 8] (20)
Module 4 Alcohol June 5, 2017 – June 11, 2017	Discussion Forum 1 (5) Bar Exam Forum (5) Movie Review Forum (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Movie Review/Reaction Paper (20)
Module 5 Familiar Drugs June 12, 2017 – June 18, 2017	Discussion Forum 1 (5) Discussion Forum 2 (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Quiz 2 [Chapters 9-12] (20)
Module 6 Restricted Drugs June 19, 2017 – June 25, 2017	Discussion Forum 1 (5) Current Literature Review Forum (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Important Note: The Group Presentation for Module 7 is due on Thursday of Module 7 - Plan Ahead!

<p>Module 7 Prevention and Treatment</p> <p>June 26, 2017 – July 2, 2017</p> <p>*Check Week 8 Closing Dates – Week 8 is Short *</p>	<p>Discussion Forum 1 (5)</p> <p>Group Presentations Forum (5)</p> <p>NOTE: Presentation is due (posted on forum) on Wednesday of this Module – all responses are due Sunday.</p>	<ol style="list-style-type: none"> 1. See Assignment Readings in MyCourses (Course Content Link). 2. Group Project (40) Posting Due on Thursday of this Module 3. Peer evaluation (0) must be completed to earn grade for group project.
<p>Module 8 Substance Abuse & the Future</p> <p>June 30, 2017 – July 5, 2017</p> <p>*Short Week – Check Closing Dates*</p>	<p>Discussion Forum 1 (5)</p> <p>Course Summary Forum (5)</p>	<ol style="list-style-type: none"> 1. Assigned Readings <ol style="list-style-type: none"> a. Find Applicable Readings 2. Quiz 3 (Chapters 13-18) (20)
<p>Total Points 240</p>	<p>80</p>	<p>140</p>

Important Course Dates:

- Last day to drop with a full refund: May 19, 2017
- Last day to withdraw with a “W”: June 15, 2017

Important Course Information:

- All module assignments are due before 11:59 p.m. Sunday, EST or as stated in the course snapshot.
- All first original discussion postings are due by due before 11:59 p.m. Thursday, EST. All discussion replies are due before 11:59 p.m. Sunday, EST