

Course Syllabus Fall 2020

Course Title: Community Health and Epidemiology

Course Prefix/Number: HSC 3201

Credit Hours: 3

Instructor: Lara Maisch, MHSA

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Phone: Please email within MyCourses for phone appointment

(I do not want to miss you)

Instructor Web Page: http://webapps.spcollege.edu/instructors/id/maisch.lara

Program Administration

Dean, College of Health Sciences: Deanna Stentiford, Ed.S., RDH

Administrative Services Specialist:Sandy MalkinAdministrative Services Specialist Phone:727-341-3771Office Location:HEC 179

Important Course Dates:

Last day to drop with a full refund: August 21, 2020
Last day to withdraw with a "W": September 17, 2020

Students are responsible for all information in the course syllabus. This syllabus orients students to the specific tasks, expectations and due dates for this course. Print and save this syllabus for reference for this course and the final Capstone Experience. Note that although the program has a number of standard policies, each course is unique and policies may change over time. Thus, *students should review each syllabus thoroughly before beginning each course*. *Note* also that, when navigating through the course, it is important to begin by reviewing each module landing page through the **Course Content Tab** so as to not miss information that is not accessible through the **Submission Review Tab**.

Required Textbooks:

1. McKenzie, J. F (2018). An Introduction to Community & Public Health (9th

ed.). Burlington, MA: Jones and Bartlett Learning. ISBN: 978-1-284-10841-5

Required Materials (Required for <u>all</u> Students in This Course)

- Health Services Administration Style Guide 2020 2021. Available in MyCourses in the Course Resources module. It may be downloaded and saved for future reference.
- SPC Library Libguide for APA 7th Ed. (https://spcollege.libguides.com/hecapa)

Contacting the Instructor: The best way to contact me is via email within this course. If MyCourses is unavailable, please contact me using your @live.spcollege.edu. You may expect a response from me within 24-48 hours. Please do not send emails from your personal email accounts (Yahoo, Gmail, etc.) as they will be filtered to SPAM. In addition to email, meetings may be scheduled through web conferencing software such as Zoom, or via telephone. Contact me to schedule a day/time to talk.

Attendance: Participation/attendance is determined by actively participating in graded discussion forums and completing course assignments each week. Simply logging in does not constitute attendance. Attendance is recorded after Week 1 and Week 2; failure to actively participate and submit graded assignments for Module 1 and/or Module 2 may result in an administrative drop ("W") for lack of attendance. Attendance is also recorded at the 60% mark (immediately after the last date to withdraw with a "W"); minimal or inconsistent participation and submission of assignments prior to 60% mark of any course may result in an administrative withdrawal ("WF"). Note that self-withdrawal prior to the 60% mark results in a "W". Students should monitor their grades in the course weekly (please see important course dates above).

Illness: As in the professional workplace, it is important to promptly notify your instructors when outside events, such as a student illness, may interfere with submitting coursework on time. Exceptions *may* be made to deadlines for valid reasons. Students should be prepared to provide documentation regarding the need for such exceptions so they may be archived in the course to support the extension (i.e., hospital discharge paperwork with private information blacked out). To better help accommodate the student, a doctor's note with limitations and the date range for when the exception should apply may also be needed.

COVID 19: In light of current restrictions regarding campus access, it is recommended that whenever possible, students use the SPC's online resources. There will be some on-campus access to resources such as the library and writing tutors. Specific access (i.e. days, times, locations) may change over time due to current COVID 19 restrictions. Students should access the library web site or call to learn current hours and/or to schedule an appointment. See the SPC Updates Page for the current processes for safely interacting with the college resources: https://www.spcollege.edu/spc-updates.

Holidays: Holidays that occur during the course do not impact assignment due dates (See Course Snapshot); please plan ahead.

Course Time Commitment: This course is organized into 8 weekly Modules. Expect to spend **8-12 hours** of time per week for **each** course. This course is not self-paced, the course snapshot details important dates for each module/week, including the shortened Module 8 time frame.

Assignments/Discussion Postings: A variety of assignments, activities and/or discussion postings are due each week. Students will need to have access to appropriate technology to actively participate in course activities such as MS Office (Word, PowerPoint, Excel), YouTube, email, etc. Instructors may also utilize other software applications such as Zoom, Teams, or other webinar tools.

All first original discussion postings are due before 11:59 p.m. Thursday, EST. All discussion replies and assignments are due before 11:59 p.m. Sunday, EST (unless otherwise specified on the course snapshot). Starting your discussion replies on Sunday is not sufficient engagement in class discussions and will be graded accordingly. **Note:** Most discussion forums are set to require students to post their thoughts/ideas first, before reading the thoughts/ideas of other students. Bypassing this feature by posting something irrelevant in order to gain access to peer posts and then editing your initial post, will result in no points being awarded for the initial post. The point of the post-first requirement is to provide students the ability to practice articulating original thoughts and insights as is often required in the professional workplace.

Course Description: Prerequisite: (HSA 3104 or HSA 4184 with a minimum grade of C and Admission to Health Services Administration BAS) OR (DEH 3813 with a minimum grade of C and admission to the Dental Hygiene BAS) OR (Admission to: Biology-BS). This course is designed to assist students in recognizing and analyzing the interrelationships between individuals, population group, and communities in determining the health status of each. Students will explore the complex determinants of health and disease, the impact of economic, social, environmental and cultural concerns on community health status, and community

organizations that help shape community health. Course content integrates concepts from behavioral, biological and natural sciences, with emphasis on epidemiology, to examine the history and foundation of community health. 47 contract hours or equivalent

Major Learning Outcomes:

- 1. At the end of this course, students will be able to discuss the principles and foundations of community health by:
 - a. identifying various definitions of the term community
 - b. describing the relationship between community health and population health
 - c. discussing the multidimensional nature of health
 - d. identifying the major determinants of health
 - e. identifying serious health threats currently faced by the American public
 - f. describing national, state and local agencies and services that play a role in protecting the health and well-being of our communities

2. At the end of this course, students will be able to articulate the core elements of epidemiology and their relationship to community health by:

- a. explaining the importance of epidemiology to community health
- b. explaining the use of commonly used standardized measures of health status
- c. identifying the various classifications of diseases and health conditions
- d. comparing the leading causes of death historically and currently
- e. distinguishing between various types of epidemiological study designs
- f. explaining the differences between the three levels of prevention and intervention
- g. identifying valid and reliable sources of evidence based information for educational and professional use

3. At the end of this course, students will be able to explain the diverse health needs of various subgroups of the U. S. population by:

- a. identifying disparity factors that influence the health and well-being of minority populations of the U. S.
- b. describing health concerns of various subgroups of the U. S. population (i.e., mothers, infants, adolescents, young adults, adults, elders)
- c. discussing the relationship between cultural sensitivity and health and well-being
- d. identifying risk factors for mental illness or substance abuse

e. describing personal and community consequences of alcohol, tobacco, and other drug use/abuse

Criteria Performance Standard:

Upon successful completion of this course the student will, with a minimum of 70% accuracy, demonstrate mastery of each of the above stated objectives through classroom measures developed by individual course instructor.

Academic Integrity: All course work is expected to be the student's OWN work. Cheating and plagiarism will not be tolerated. Please remember that plagiarism also includes paraphrasing another's work without proper credit (citations). This includes "cutting and pasting" from Internet sources and the use of photos, figures, tables or clip art not classified as free ware. Please see SPC's Academic Honesty page, to learn more about how to avoid plagiarism: http://www.spcollege.edu/academichonesty

Resubmission of Work: Previously submitted course work may not be resubmitted for another class (self-plagiarism). Turning in any work previously created and submitted (graded or not) in any course is self-plagiarism which is a violation of the SPC Academic Honesty Policy. All plagiarism is reported to the Associate Provost and may result in academic discipline.

HSA Policy Regarding Quoted Material: No quoted material may be used. Students are expected to paraphrase information in their own words to communicate facts as well as knowledge, thoughts, reactions, and reflections. Students will not receive a grade for quoted and/or cut and pasted material.

HSA Late Policy:

- Late Assignments (Modules 1-6) (i.e.: Papers, PowerPoints, Projects, Worksheets, etc.). Assignments submitted within 24 hours of due date worth 50% of their graded value (grade achieved, minus 50%). No credit is given beyond 24 hours of due date.
- Late policy for Quizzes and Discussion Forums: Quizzes may not be made up. Initial discussion postings made after the stated deadline will not receive full credit; peer posts made after the 11:59 p.m. EST Sunday deadline will not receive credit.
- Late course work from Module 7 and Module 8 will NOT be accepted.

Course Grading:

• Instructors make every effort to post assignment grades within 72 hours after the assignment closing date

Letter Grade	Points Range
A	213 - 236
В	189 - 212
C	166 - 188
D	142 - 165
F	< 141

Expectations of Professionalism: In order to prepare you for a leadership role in a professional environment we maintain high expectations on all student work *and* course interactions. Faculty and students are responsible for maintaining a positive learning environment. Students are expected to conduct themselves in a professional manner at all times. Professional expectations include: following all assignment instructions and writing

guidelines, submitting completed assignments in a timely manner, respectful communication with instructor and peers, maintaining Academic Integrity and Honesty, taking responsibility for your learning, and applying instructor feedback.

Student Survey of Instruction (SSI): The survey is administered each semester, and is designed to improve the quality of instruction. All student responses are confidential and anonymous.

Internet Caution: HSA courses require use of the Internet. Please note that other Internet users may be able to access students' works whether the access is secured or unsecured. The College cannot protect against this or assure privacy.

Learning Resources: Learning Resources are available to all students either online or in person (schedule an appointment first), at no cost. At the HSA Program home campus, the Health Education Center (HEC), students may contact the NIP Center at 727-341-3724. Please provide the name of your instructor, the course and specific assignment instructions. Have your assignment completed and ready for the learning resource specialist by **Thursday at 5PM** of the week in which the assignment is due. It is not the responsibility of the learning resource specialists to correct the students' work, but rather, to help improve the students' writing skills and critical thinking abilities. Instructors may refer students to Learning Resources by providing the HEC Library/Writing Help Referral Form to the student. The student will need to bring the assignment, assignment instructions and the Library/Writing Help Referral Form. Once you have received assistance please have the tutor email the instructor.

Computer Issues: If you experience problems accessing the course or course materials online, posting assignments or any other hardware or software issues, please contact the Technical Support Desk at 727-341-4357 or email onlinehelp@spcollege.edu available daily from 7:00 a.m. to midnight. It is your responsibility to contact your instructor *immediately* should a problem arise. Computer issues will not extend the due date for course work.

Online Library: To logon to the Online Library through the SPC homepage (https://go.spcollege.edu/Libraries/), use your Student ID number and the last 4 numbers of your Social Security Number.

- For library help you may contact the Health Education Center library for assistance.
 - o Joshua Brown, brown.josh@spcollege.edu. (727) 341-3657
 - o Shilo Smith, Smith.Shilo@spcollege.edu. (727) 341-3673

Accommodations: This course is designed to be accessible and usable by everyone. Be sure to let the instructor know *immediately* if you encounter a required element or resource in the course that is not accessible to you.

Accessibility Services: St. Petersburg College recognizes the importance of equal access for all students. Accessibility Services is the campus office that works with students who have disabilities to provide and/or arrange reasonable accommodations. Instructors may not grant accommodations without proper notification from this Office. Due to the nature of all health programs, including the Veterinary Technology Program, accommodations requested for labs and/or a clinical will be determined by a committee that includes the HEC Accessibility Coordinator, Academic Chair, Dean, and other professionals deemed appropriate and on a case-by-case bases. These requests must be made prior to the semester starting or the in the first few weeks. Students registered with Accessibility Services are encouraged to contact their instructors early in the semester. Students who have, or think they may have, a disability (e.g. learning disability, ADD/ADHD, psychiatric, medical/orthopedic, vision, and/or hearing), are invited to contact Accessibility Services for a confidential

discussion at 727-341-3721 (V/TTY) or at <u>silvers.stefanie@spcollege.edu</u>. Additional information is available at the college-wide Accessibility Services website: http://www.spcollege.edu/accessibility/

Please note: Materials provided via MyCourses are copyrighted and for personal and educational use only during the course.

Instructional Continuity Plan: In the event of a natural disaster that affects the function of the college, this online course will continue as normal.

Important Links:

- As a SPC student, it's vital that you know Titans Care. You can access resources through SPC's Student Assistance Program (SAP) (https://mycoursessupport.spcollege.edu/student-assistance-program), a collaborative resource for students with mental health or general life issues. SAP provides help and education in suicide prevention, mental health, substance abuse awareness and more. It is SPC's belief that supporting mental wellness is everyone's charge, and that one loss as a result of substance abuse, mental illness, or suicide is one too many. If you or a loved one are considering suicide, please call the National Suicide Prevention Lifeline at 1-800-273-8255.
- Please see your MyCourses homepage (http://mycourses.spcollege.edu) to access important college resources/links.
- For tips on how to be a successful student visit: https://www.spcollege.edu/current-students/student-affairs/student-right-to-know/student-responsibilities

	HSC 3201			
Community Health and Epidemiology				
Module Topic Open/Close Dates	Discussion Posting Forums (points)	Assignments (points)/Readings		
Module 1 Foundations of Community Health August 17, 2020 – August 23, 2020	Module 1 Discussion Forum (5)	 Review Syllabus, Snapshot, and Course Materials Complete Begin Here Quiz (10) Complete Turn It In Quiz (1) See Assignment Readings in MyCourses Complete Interactives Community Reflection Paper (20) Module Quiz (10) 		
Module 2 Epidemiology August 24, 2020 – August 30, 2020	Module 2 Discussion Forum (5) Module 2 Discussion Forum 2 (5)	See Assignment Readings in MyCourses Complete interactives		
Module 3 Community Organizing, School Health, and Finding Reliable Information August 31, 2020 – September 6, 2020	Module 3 Discussion Forum (5)	 See Assignment Readings in MyCourses Complete Interactives Finding Reliable Information on the Internet Assignment (20) 		
Module 4 Health Profiles of Community Populations Groups September 7, 2020 – September 13, 2020	Module 4 Discussion Forum (5)	 See Assignment Readings in MyCourses Complete Interactives & Self Check Age Groups and Lifestyles Effects Paper (20) 		
Module 5 Community Health Profiles of Elderly September 14, 2020 – September 20, 2020	Module 5 Discussion Forum (5) Module 5 Discussion Forum 2 (10)	 See Assignment Readings in MyCourses Complete Interactives & Self Check Visual Essay Assignment – due Thursday night (30) 		

Module 6 Community Health and Minorities September 21, 2020 – September 27, 2020	Module 6 Discussion Forum (5) Module 6 Discussion Forum 2 (5)	 See Assignment Readings in MyCourses Complete Interactives & Self Check Module 6 Quiz (10)
Module 7 Community Concerns: Mental Health, Alcohol, Tobacco, and other Drugs September 28, 2020 – October 4, 2020 *Check Week 8 Closing Dates – Week 8 is Short *	Module 7 Discussion Forum (5) Module 7 Discussion Forum 2 (10)	 See Assignment Readings in MyCourses Community Awareness Assignment (20) – Due Thursday Night Module 7 Quiz (10)
Module 8 Environmental Health, Safety and Injury as Community Health Issues October 5, 2020 – October 7, 2020 *Short Week – Check Closing Dates*	Module 8 Discussion Forum (5) Course Reflection (5)	 See Assignment Readings in MyCourses Complete Interactive Module 8 Quiz (10)
Total Points 236	Discussion Forum 75	Assignments 110 Quizzes 51

Important Course Dates:

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Important Course Information:

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- All first original discussion postings are due before 11:59 p.m. Thursday, EST.